

MOLLY STAWINOGA

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About Me

I am a detail-oriented communicator committed to expanding information access. Nearly a decade of experience in journalism, nonprofit communications, and politics has shaped my uniquely broad and nuanced perspective. An expert in fast-paced project management, public relations, and collaboration, I believe meaningful change starts by empowering people with knowledge.

Experience

New Era Colorado (May 2023 - October 2025)

Communications Manager (May 2024 - October 2025)

Communications Coordinator (May 2023 - May 2024)

- Reached 300,000+ Coloradans online with election information by managing multiple websites, social media, digital ads, and emails, which led to an increase of 2,500+ new followers across platforms.
- Created the organization's digital analytics tracking system, using data to set and ultimately exceed 2024 and 2025 goals.
- Co-created a transformative justice conflict policy and implemented event accessibility guides as part of the Fighting for Racial Equity and Empowerment Committee.

Colorado State Senate (November 2022 - May 2023)

Senior Legislative Aide

- Developed social media content, created a monthly newsletter, and increased the senator's earned media presence.
- Crafted and helped pass statewide policies, creating accompanying fact sheets, talking points, speeches, and testimony.
- Managed a political office and supervised five staff members.
- Organized and maintained a Colorado state senator's email inbox and calendar.
- Assisted and engaged constituents with the legislative process.

ABC 17 News / KMIZ (September 2017 - May 2022)

Weekday Morning Anchor/Investigative Reporter (June 2020 - May 2022)

Weekend Morning Anchor/Producer and MMJ (November 2019 - May 2020)

Assistant Producer/MMJ (September 2017 - October 2019)

- Produced and anchored live, half-hour news broadcasts for the No. 1 weekday morning show in mid-Missouri.
- Collaborated with city and state officials to get urgent information to the public in a nonpartisan manner.
- Investigated and answered community questions through records requests and in-depth research.
- Developed expert news judgment and skills in video editing, rapid response, creating interactive data-based graphics, and writing AP Style news stories.

Method M Films (August 2018 - May 2019)

Producer/Writer for 'Keep the Cameras Rolling: The Pedro Zamora Way'

- Crafted a documentary film to show pop culture's impact on public opinion and politics during the HIV/AIDS epidemic.
- Meticulously prepared for interviews, including those of former President Bill Clinton and Dr. Anthony Fauci.
- Featured at 18 film festivals, including the San Francisco Documentary Festival and Docs Without Borders Film Festival.

Education

University of Missouri - Columbia

August 2017 - December 2020

B.J. in Strategic Communication

B.A. in Political Science

Minor in Spanish

Training

How to Make Google Analytics 4 Work for Your Nonprofit | Center for Digital Strategy 2025

Compassion Without Fatigue | Resilient Colorado 2024

Facing Racism | Soul 2 Soul Sisters 2023

Skills

AP Style | Copy Writing and Editing | Interpersonal Relationships | Media Relations | Project Management | Public Speaking | Rapid Response | Social Media | Strategic Communications